

## Free Parent Workshop

Sponsored by Community Teamwork's Coordinated Family & Community Engagement Program

## Helping Your Child Manage The World

We watch closely as our children grow taller, making sure that they are reaching the milestones they need to achieve in order to become healthy adults, but are we monitoring their social and emotional growth as well? This class will show you what you can do to help your children learn how to be accepted and manage life's difficult circumstances.

Date: Wednesday, Nov. 1st

Time: 6:30-8:00 PM

Location: Chelmsford Public Library

## **REGISTRATION REQUIRED**

Please call or email Gladys at 978-654-5673 or gsantiago@commteam.org