



WIC Farmers' Market Nutrition Program

1. What is the WIC Farmers' Market Nutrition Program (FMNP)?

The FMNP is associated with the Special Supplemental Nutrition Program for Women, Infants and Children, generally known as WIC. The WIC Program provides supplemental foods, health care referrals and nutrition education; including, breastfeeding promotion and support at no cost to low-income pregnant, breastfeeding and non-breastfeeding postpartum women, and to infants and children up to 5 years of age, who are found to be at nutritional risk.

2. What is the purpose of the FMNP?

The FMNP was established by Congress in July 1992, to provide fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs through farmers' markets and roadside stands to WIC participants, and to expand the awareness, use of, and sales at, farmers' markets and roadside stands.

3. Who is eligible for FMNP benefits?

Women, infants over 4 months old, and children who are certified to receive WIC Program benefits, or who are on a waiting list for WIC certification, are eligible to participate in the FMNP. State agencies may serve some or all of these categories.

4. How many recipients are served?

In Fiscal Year (FY) 2017, over 1.7 million WIC participants received FMNP benefits.

5. Where does the FMNP operate?

For fiscal year (FY) 2017, 49 State agencies, U.S. Territories and Federally recognized Indian Tribal Organizations (ITOs) received grants to operate the FMNP: Alabama, Alaska, Arizona, Arkansas, California, the Chickasaw Nation (OK), the Choctaw Nation (OK),



Connecticut, Delaware, the District of Columbia, Five Sandoval Indian Pueblos (NM), Florida, Georgia, Guam, Illinois, Indiana, Iowa, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Mississippi, the Mississippi Band of Choctaw Indians, Montana, Nebraska, Nevada, New Jersey, New Mexico, New York, North Carolina, Ohio, Oregon, Osage Tribe (OK), Pennsylvania, Pueblo of San Felipe (NM), Puerto Rico, Rhode Island, South Carolina, Tennessee, Texas, Vermont, U.S. Virgin Islands, Virginia, Washington, West Virginia, and Wisconsin. Not all State agencies operate the FMNP on a State-wide basis.

6. How does the FMNP operate?

The FMNP is administered through a Federal/State partnership in which the Food and Nutrition Service (FNS) provides cash grants to State agencies. The FMNP is administered by State agencies such as State Agriculture Departments, State Health Departments, or ITOs. As a prerequisite to receiving Federal funds for the FMNP, each applying or participating State agency must submit an annual State Plan describing how the State agency intends to implement, operate and administer all aspects of the FMNP within its jurisdiction. Eligible WIC participants are issued FMNP

checks or coupons in addition to their regular WIC benefits. These checks or coupons are used to buy eligible foods from farmers at farmers' markets and/or roadside stands that have been authorized by the State agency to accept FMNP coupons. The farmers or farmers' market managers then submit the redeemed FMNP checks or coupons to the bank or State agency for reimbursement.

The Federal FMNP benefit level, whether for a household or individual, must be at least \$10 and cannot be more than \$30 per year. However, State agencies may supplement the Federal benefit level with State, local or private funds.

Nutrition education is provided to FMNP recipients by the State agency, often through an arrangement with the local WIC agency. Other program partners may provide nutrition education and/or educational information to FMNP recipients. For example, Cooperative Extension Programs, local chefs, farmers or farmers' markets associations, and various other non-profit or for-profit organizations may provide nutrition education to FMNP recipients. These educational arrangements help to encourage FMNP recipients to improve and expand their diets by adding fresh fruits and vegetables, including how to select, store and prepare the fresh fruits and vegetables they buy with their FMNP coupons.

7. What foods are available through the FMNP?

A variety of fresh, nutritious, unprepared, locally grown fruits, vegetables and herbs may be purchased with FMNP benefits. State agencies shall consider "locally grown" to mean produce grown only within State borders but may also include areas in neighboring States adjacent to its borders.

8. How does a farmer or farmers' market become authorized to accept FMNP benefits?

Each State agency is responsible for authorizing individual farmers, farmers' markets, roadside stands or all of the above to participate in the FMNP. Only farmers, farmers' markets and/or roadside stands authorized by the State agency may accept and redeem FMNP coupons. Individuals who exclusively sell produce grown by someone else, such as wholesale distributors cannot be authorized to participate in the FMNP.

9. How many farmers and farmers' markets participate in the FMNP?

In FY 2017, 16,815 farmers, 3,312 farmers' markets and 2,367 roadside stands were authorized to accept FMNP checks or coupons.

10. What is the current funding level?

For FY 2017, \$18.548 million was appropriated for the FMNP.

11. How can I obtain further information?

WIC FMNP State agency contacts can be found at:

<https://www.fns.usda.gov/fmnp/fmnp-contacts>

For further information about the WIC FMNP, please visit our website at:

<https://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program-fmnp>

Farmers' Market Locations Near You

Lowell/The Farm Market Farmers' Market

Lowell/The Farm Market Farmers' Market

250 Jackson Street-Mill No. 5, Lowell

Dates & Times: year-round - Sunday, 11:00 am - 3:00 pm

WIC coupons accepted. EBT-SNAP Accepted with select vendors.

Lowell/Downtown Farmers' Market

Lucy Larcom Park, Lowell

Dates & Times: July 6 to October 13 - Friday, 12:00 pm - 5:00 pm

WIC & Senior Coupons Accepted, EBT-SNAP Accepted

Tyngsboro Farmers' Market

Tyngsboro Farmers' Market

216 Middlesex Road-Old Parish Meetinghouse, TYNGSBORO

Dates & Times: June 10 to October 21 - Sunday, 10:00 am - 2:00 pm

Chelmsford Farmers' Market

Town Common, 7 Academy Street, Chelmsford

Dates & Times: June 16 to September 15 - Saturday, 10:00 am - 2:00 pm WIC & Senior Coupons Accepted

Tewksbury Farmers' Market

1009 Main St.-Tewksbury Common, Tewksbury

Dates & Times: June to October - Tuesday, 4:00 pm - 7:00 pm SNAP-EBT Accepted with select vendors

Billerica Farmers' Market

25 Concord Road-In front of Council on Aging, Billerica

Dates & Times: June 25 to October 1 - Monday, 3:00 pm - 7:00 pm (until dusk in Sept. and Oct.) WIC & Senior Coupons Accepted | EBT-SNAP Accepted

Carlisle Farmers' Market

343 Bedford Rd-Kimballs Ice Cream Stand, Rt. 225, Carlisle

Dates & Times: June 23 to October 20 - Saturday, 8:00 am - Noon WIC & Senior Coupons Accepted EBT-SNAP Accepted

Methuen Farmers' Market

254 Broadway-Next to Methuen Federal Credit Union, Methuen

Dates & Times: July 6 to October 26 - Friday, 10:00 am - 3:00 pm WIC & Senior Coupons Accepted EBT-SNAP Accepted

Andover Farmers' Market

7 Main St.-Andover Center for History and Culture, Andover

Dates & Times: June 23 to October 20 - Saturday, 10:00 am - 2:00 pm WIC & Senior Coupons Accepted

EBT-SNAP Accepted with select vendors only



Turn over for more locations

Lawrence/Saturday Farmers' Market

Intersection of North Parish Road and Winthrop Ave.-Sullivan Park, off Rt. 114, next to Memorial Sta, Lawrence

Dates & Times: July 7 to October 27 - Saturday, 10:00 am - 3:00 pm WIC & Senior Coupons Accepted EBT-SNAP Accepted

Lawrence Farmers' Market

Jackson and Haverhill Street-Campagnone Park, Lawrence

Dates & Times: July 11 to October 24 - Wednesday, 10:00 am - 3:00 pm WIC & Senior Coupons , EBT-SNAP Accepted

Wilmington Farmers' Market

138 Middlesex Ave-Town Common, Wilmington

Dates & Times: June 10 to September 30 - Sunday, 10:00 am - 1:00 pm WIC & Senior Coupons, EBT-SNAP Accepted

North Andover Farmers' Market

North Andover Farmers' Market

First Street-, North Andover

Dates & Times: June 17 to October 7 - Sunday, 10:00 am - 2:00 pm EBT-SNAP Accepted with select vendors only

Groton Farmers' Market

160 Chicopee Row-Williams Barn, Groton

Dates & Times: July 6 to October 5 - Friday, 3:00 pm - 7:00 pm (until dusk in the fall) WIC & Senior Coupons Accepted

Burlington Farmers' Market

55 Center Street-Grand View Farm, Burlington

Dates & Times: June to October - Thursday, 3:30 pm - 6:30 pm | :WIC & Senior Coupons Accepted | : EBT-SNAP Accepted with select vendors only.

Nearby Farm Stands that accept WIC Farmers' Market Coupons

Hill Orchard- Farmer Dave's

4 Hunt Rd, Westford

Open Thursday to Monday, 10:00 am - 5:00 pm. SNAP accepted on Mondays only. July 18-Nov 3

East Street Farm

460 East Street, Tewksbury

Open Monday to Friday, 11:00 am - 6:00 pm and Weekends, 9:00 am - 4:00 pm June 21-Nov 4.

Brox Farm

1276 Broadway Rd., Dracut

Open Monday to Friday, 10:00 am - 6:00 pm and Weekends, 9:00 am - 5:00 pm May3 –Nov 4

For full listing of Farmers' Market locations throughout the Massachusetts, please visit mass.gov/massgrown



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