



Hammering Activities For Kids!



Hammering activities were a favorite in my classroom. The children were using their fine motor skills and eye hand coordination. Hammering is also a great way to get out some excess energy!

Here are some activities you can do at home:

Materials



- Hammer (or small mallet)
- Styrofoam from old packing materials (you can also buy blocks of craft foam) or floral foam
- Play dough
- Golf tees
- Goggles (for eye protection)



Put out your golf tees and foam and hammer away! Protect the area with an old sheet or tablecloth.

Hammer in play dough: Hammer golf tees into play dough (store bought or homemade).

Hammer the alphabet



Hammering golf tees into cardboard is a fabulous for developing fine motor and eye hand coordination, when you add letters to the cardboard, you add a literacy component. You will need:

- Shoe box
- Markers or alphabet stickers

Write letters of the alphabet on the cover of the box. Have your child name the letter as he/she hammers.

Hammer outside: Bring the golf tees and hammer outside and hammer in the dirt.

Freeze small toys in a large container of water. Challenge children to find the toys by chipping away at the ice with a hammer. This activity is best done outside. If done inside, place the ice block in a larger container to catch the drips.

Hammer into a watermelon: Also best done outside!



CFCE Program

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