

Why Become a Mentor?

Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with dayto-day challenges, and makes them feel like they matter. Research confirms that quality mentoring relationships have powerful positive effects on young people in a variety of personal, academic, and professional situations. Ultimately, mentoring connects a young person to personal growth and development, and social and economic opportunity. Yet one in three young people will grow up without this critical asset.

(As COVID has become part of our lives for everyone, we have created "Ementoring" This gives our mentors an opportunity to meet virtually and change a child's life in the digital world we all live in.)

About the MCM Program

Mill City Mentors is on the forefront of understanding the needs of our at-risk population in the Greater Lowell area. Our agency is at the heart of all community action services in the Greater Lowell area. Due to that, we are in the best position to create and support mentoring opportunities that individually benefit the youth in our community through 1:1 mentoring, "Ementoring", site based, and group mentoring opportunities to strengthen our youth.

Contact Us: Ed Banks (Program Coordinator)

Phone: 978 654 5612

Email: ebanks@commteam.org

Web:

www.commteam.org/millcitymentors



MILL CITY MENTORS

155 Merrimack St. Lowell, Ma 01852



MILL CITY MENTORS PROGRAM

A Progr<mark>am Within</mark> Community Teamwork



"We have been working with Ed Banks from Mill City Mentors since April of this year. We had a case open with the Department of Child and Family Services, and our case worker had suggested Mill City Mentors to us after we had asked about any resources for a Big Brother/Big Sister program in the area. We have an 8 year old son, Luke, that is an only child, so he doesn't have any siblings as an outlet to express emotions when he needs it. With the stay at home advisory in place the past few months, it was even harder to help him find someone he could talk to other than us. He instantly clicked with Ed after the first time talking to him which we as parents were surprised with because he is usually very shy when he first meets someone. He was so more than ecstatic to learn he had someone he could play Minecraft with.

Since we started the mentoring sessions, Luke is ALWAYS looking forward to hanging out with Ed. Ed has been so cooperative and accommodating with scheduling, and we can't thank him enough for adapting to these virtual zoom meets due to everything going on with Covid. Luke was playing Minecraft next to me the other night and showed me the house he was building for Ed in his Minecraft world. He is really looking forward to when stay at home advisory is lifted, so they can do more activities 2. together. We as a family truly have loved having Ed and Mill City Mentors in our lives the past few months. We really look forward to continuing this relationship with Ed and the program and would be more than open to let anyone curious about it know about our experience."

"Ementoring" Parent

MCM Mission

Mill City Mentors is a mentoring program of Community
Teamwork that strives to provide positive, caring mentors to youth facing adversity and in need of additional support to increase confidence, self-esteem, and be empowered to create their best life.

Our program focuses on youth ages 7 through 22.

Interested in becoming a Mentor? Here is how to get started.

- 1. Check the website www.commteam.org/millcity mentors
- 2. Fill out the application on the website
- 3. Contact Ed Banks (Program Coordinator) @ 978 654 5612 or ebanks@commteam.org

MCM Goals

- Improve self-esteem and confidence with the youth through positive role modeling, friendship and mentoring.
- through career exploration, colleges, and training options to ignite the desire to improve and further education.

"The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves."

Steven Spielberg





